

Food I Like

D:- Answer these questions:-

Q1. Name the three main meals that we have in a day.

Ans:- There are three main meals in a day, - Breakfast, Lunch, Dinner.

Q2:- Why do we need food?

Ans:- We need food to live active

Q3. Name some food items obtained from Plants.

Ans:- Fruits, vegetables, grains and pulses etc.

Q4:- What food items do we get from animals?

Ans:- Egg, milk, meat etc.