

Caring for my body

D. Answer these question: -

Q1. What should we do to remain fit and healthy?

Ans We must take good care of our body.

Q2. How many times should we brush our teeth in a day?

Ans We ^{should} brush teeth twice in a day.

Q3. Why should we play in fresh air?

Ans:- Because it keeps us healthy.

Q4. Write any two good habits of Shreya.

Ans: i) She wakes up early in the morning