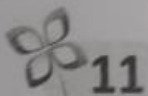


- B. 1. (b); 2. (a); 3. (b); 4. (a); 5. (b)
- C. 1. False 2. True; 3. False; 4. True; 5. False
- D. 1. germs; 2. cold; 3. hands; 4. hair; 5. outer
- E. 1. We should wash our hands before and after eating food.
2. We should use ear buds or towel to clean our ears.
3. We should use nailcutter to cut our nails.
4. We should use shampoo and oil in our hair.
5. Running, jumping, cycling, yoga and jogging are good exercises.
- F. 1. We should bath daily to keep our body free from germs and healthy.
2. Two ways to keep ourselves healthy are :
a. Take a bath with antiseptic soap daily.
b. Brush your teeth twice a day.
3. We should avoid eating sticky food items. We should brush our teeth in the morning and before going to the bed at night.
4. We should take exercise to keep ourselves fit and active.
5. Rest and sleep fresh our body and mind. They act as a tonic for our body.

Hot Question

We need more energy during exercises so we need more oxygen for breaking food particles into energy.



- A. 1. Independence Day, Republic Day and Gandhi Jayanti.
2. Mahatma Gandhi is called Bapu.
- B. 1. (a); 2. (b); 3. (b); 4. (c); 5. (a)
- C. 1. three; 2. 1947; 3. 26th January; 4. Bapu; 5. colourful
- D. 1. The ratio of length to breath of our national flag is 3 : 2
2. The President takes the salute of parade.
3. On 26th January, 1950, constitution was applied.
4. Children are awarded for bravery.
5. We go to Rajghat to pay homage to Bapu.
- E. 1. Independence Day, Republic Day and Gandhi Jayanti are our national festivals. These are celebrated by whole nation.
2. The Prime Minister hoists national flag at Red Fort in Delhi and delivers his/her speech to the nation.
3. The President takes salute on Republic Day. A big parade of armed forces and folk dances is held in New Delhi.
4. 2nd October is the birthday of Mahatma Gandhi so we celebrate it as Gandhi Jayanti.
5. People go to Rajghat and pay their homage to Bapu.

Hot Question

We celebrate Republic Day on 26th January because before Independence, this day was celebrated as Independence Day. So our constitution was applied on 26th January.